

Ancient Rejuvenating Elixir

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Called Chyavanprash

Centuries-Old Powerful Botanical Ayurvedic Elixir
From Ancient Times For Total Rejuvenation



Key Benefits

- **Powerful ancient medicinal herbal formula from India**
Used for thousands of years by many cultures
- **Contains 40+ herbs, Ayurvedically Processed**
Each herb is carefully grown, harvested and processed according to Ayurvedic tradition
- **Proven rejuvenator of body and mind**
An ancient story tells how St. Chyavana was divinely given this tonic to heal all diseases of old age and weakness
- **Tonifies all glands, organs and meridians of the body**
Verified by extensive research studies
- **The leading herb is Amla, the highest known natural source of vitamin C in the world**
- **Good tasting without compromise**
No toxic sugars, artificial flavors, preservatives, additives or chemicals

A Superior Rasayana. According to the wisdom of the ancient science of Ayurveda, a superior 'rasayana' is a tonic/elixir formula which has the ability to help impart a long, healthy, disease-free life and which helps to increase memory and intelligence. The comprehensive formula and blending of a superior 'rasayana' is designed to promote youthfulness, vigor and vitality of the body as well as to drastically slow the aging process and prevent senility and debility. A superior 'rasayana' helps rejuvenate the body's cells for superior functioning, even in old age.

According to the ancient Ayurvedic text, the 'Charaka Samhita', chyavanprash is "the **foremost of all rasayanas**, especially good for alleviating cough and asthma; it nourishes the weak, the wounded, the old, and those that are of tender years as well." Through the use of this rasayana "a person acquires intelligence, memory, comeliness of body, freedom from disease, longevity, strength of the senses, great pleasure in the companionship with women, great intsp. daily) or can be stirred into hot water to make a tea. crease in the strength of the digestive fire, improvement of the complexion, and preserve the harmony of the three doshas [vata, pitta, kapha]."

When prepared according to ancient Ayurvedic prescriptions by master Indian herbalists with premier grown herbs and botanical agents, chyavanprash is a comprehensive 'rasayana' with wide-reaching health benefits. Chyavanprash has been used by many cultures for centuries – all the way up to the present time. It is a proven energizer, immunity booster and premier health tonic.

The old sage, Charak, who wrote the ancient Ayurvedic classic, "Charak Samhita," in the 4th century BC, contains the first historically documented formula for chyavanprash.

This unique 'thick herbal preserves' is a precise mixture of

40+ powerful ayurvedic herbs with 'amla' (Indian gooseberry) as the leading herb. Other traditional ingredients of this formula include very popular herbs such as ashwaganda, pippali, cardamom, nutmeg and cinnamon as well as many other powerful medicinal herbs in a base of Indian ghee (clarified butter) obtained from healthy cows (*never treated with antibiotics or drugs*) and superior quality, unheated Indian honey (*pesticide-free*). This time-proven elixir is good for literally every one, irrespective of age and gender, and creates a distinctive harmonious synergy in the body leading to better metabolism, digestive and whole body functioning.

Key health benefits of chyavanprash are as follows:

Digestive and Immune System: Chyavanprash's predominant ingredient, amla, has 30 times more vitamin C than an orange, helps strengthen the immune system and expedites the body's own natural healing process. Regular intake of chyavanprash strengthens digestion, absorption and assimilation of food and balances stomach acids.

Heart and Brain: The harmonious, synergistic blend of Ayurvedic herbs in chyavanprash acts as a cardiac stimulant and encourages strong, healthy, regular heart beats and blood flow. Chyavanprash nourishes the brain cells by supporting the nervous system and enhances co-ordination and memory power. This tonic is especially good for students as it helps increase retention and recall of study material.

Lung, Liver and Kidneys: The smooth functioning of the lungs is facilitated by the regular intake of chyavanprash. Chyavanprash supports adequate moisture balance in the lungs and delivers vibrant energy to the respiratory system. Chyavanprash helps purify the blood, invigorate the liver and helps to eliminate toxins. It helps the down ward flow of energy in the body (especially the large intestines) and eases constipation. This special formula helps eliminate wastes from the body

without overloading the urinary system.

Other Benefits: The traditional formula of chyavanprash helps improve skin complexion, that healthy 'glow' of the face and fights dermal bacterial infection. It promotes healthy hair growth and helps absorption of calcium resulting in strong bones and teeth. It is especially good for alleviating cough and asthma. The antioxidant properties of this formula act against the aging process, helping to maintain youthfulness. Chyavanprash is famous for enhancing fertility, promoting regular menstruation and helping overcome difficulties in conception. It also helps improve muscle tone by enhancing protein synthesis.

The centuries-old chyavanprash formula is regarded as an rejuvenating herbal health tonic from ancient times up to the present – delivering significant benefits for the entire family, from the littlest one to the elderly. It can be taken directly (about ¼ to ½ daily) or can be stirred into hot water to make a tea.

The Source is Everything. Always beware of your source of chyavanprash. Many suppliers of chyavanprash use only a few herbs (not the entire original formula) – and very often, the quality of the herbs is woefully inferior. In addition, many imported products are now routinely irradiated and fumigated – which severely damages or even nullifies the spectacular benefits of this truly great tonic.

An Ancient Formula

In the classical texts of the great scholars of Ayurveda, the ancient 40+ herb tonic (originally called Chyavanprash) was prescribed as a great rejuvenative to maintain one's health.¹ This tonic has its origin thousands of years before Christ. Ancient stories tell how Saint Chyavana was divinely given this formula to revitalize his shattered, feeble state of health. Saint Chyavana was dearly loved and through this formula, he was revitalized and rejuvenated. Through these many centuries, this master herbal formula has been preserved for all of us and revered as a sacred, time-proven, good-tasting, revitalizing formula.

One of the Most Researched Herbal Formulas In History

The incredible, far-reaching effects of this 40+ herb tonic, one of the most researched herbal formulas in history, is demonstrated in many research studies:

Herbal Health Tonic For the Whole Body

Decreased fatigue, improved physical and mental performance, enhanced the functioning of organ and body systems²

Promotes Physical and Mental Well-Being

Increased the feeling of well-being, cheerfulness, interest in work, improved memory, attention, concentration and performance³

Proven Rejuvenator of Body and Mind

Helped many disorders: premature aging, fatigue, insomnia, diabetes, hypertension, behavioral disorders, bronchial asthma, myocardial infarction, etc.⁴

Ancient 40+ Herb Tonic Proven Effective In Many Research Studies

1. Anxiety and Depression

Proven useful in all forms of depression,⁵ improved psychological functioning,⁶ improved memory, attention and concentration⁷

2. Gastro-Intestinal Disturbances

Improved digestion and bowel function,⁸ cleared constipation, relieved flatulence,⁹ relieved dyspepsia, improved appetite¹⁰

3. Diabetes

Improved carbohydrate metabolism,¹¹ reduced insulin requirements,¹² relieved symptoms of neuropathy¹³

4. High Cholesterol

Induced significant drops in serum cholesterol,¹³ reduced 'bad' cholesterol; improved 'good' cholesterol¹⁴

5. Menopause

Improved feeling of well being; reduced hot flashes, severe fatigue, depression, irritability, insomnia, mood swings^{15, 16}

6. Fracture Healing

Remarkable recovery in simple and compound fractures, non-union fractures, osteomyelitis^{17, 18, 19, 20}

7. Rheumatoid Arthritis

Helped arrest degenerative changes, helped pain control²¹

8. Surgical Cases

Showed rapid improvement and recovery after surgery,^{22,23} reduced post-surgical complications²⁴

9. Dental and Oral Surgery

Helped ease pain and shortened healing time^{25, 26}

10. Asthma

Reduced severity and frequency of attacks,²⁷ improved vital capacity and breath-holding time²⁸

11. Migraine Headaches

Assured faster relief of migraines²⁹

12. Eye Problems

Helped arrest degenerative changes in the eyes, improved blood circulation to the eyes,³⁰ improved visual acuity,³¹ reduced intra-ocular tension (glaucoma)³²

13. Skin Problems

Helped clear itching; returned skin to normal,^{33, 34} helped stop vitiligo³⁵

14. Older Folks

Improved fatigue, ability to work, sleep, digestion, mental activity, appetite, pain,^{36,37} helped arrest the aging process³⁸

15. Cancer

Helped stop weight loss, improved appetite, blood counts, pain, sense of well-being^{39, 40, 41, 42}

References too numerous to be listed.